

Healthy Pregnancy

Baby Shopping List

What the baby will need at the hospital

- Undershirt
- An outfit such as a stretch suit, nightgown, or sweater set
- A pair of socks or booties
- Receiving blanket, cap and heavier blanket or bunting, if the weather is cold
- Diapers and wipes (some hospitals provide an initial supply of these)
- Safety pins or velcro attaching strips, and rubber or nylon pants (if you are using cloth diapers)
- Infant car seat
- Diaper bag

Safety items for the home

- Night lights or soft lighting
- Baby monitor
- Baby nail clippers/scissors manicure set

Things you'll need to transport the baby

- Car seat - you will need to find out the specifications for a car seat that will fit in your car. All car seats are not made alike.
http://www.kidshealth.org/parent/firstaid_safe/travel/auto.html
- Stroller
- Backpacks and soft carriers
http://www.kidshealth.org/parent/pregnancy_newborn/learning/products.html
- Diaper bag - since this is something you will be carrying around for about three years, choose one that is comfortable and durable for you.

Items for the baby's room

- Crib and crib linens
- Play pen or portable crib
- Changing table
- Dresser
- Glider or rocking chair
- Clothes hamper

Suggested items for your home

- Diapers or cloth diapers - you can get a couple of different brands of diapers so you can test them out and choose your favorite.
- Receiving Blankets - for safety information, click here:
<http://www.cpsc.gov/cpsc/pub/pubs/5049.html>
- Clothing - for safety information, click here:
<http://www.cpsc.gov/cpsc/pub/pubs/slpwear.html>
- Breast pump - if you plan to breastfeed.
- Bottles - be sure to get the correct size of nipples, such as preemie, or newborn.
- Rectal or digital ear thermometer
- Bathtubs
- Washcloths and baby wipes
- Diaper rash ointment and/or petroleum jelly
- Hooded Towels
- Diaper disposal system - good to have, but not necessary.
- Burp Cloths and waterproof lap pads
- Bulb syringe - for suctioning baby's nasal passages if necessary. Your baby's doctor will tell you if, when, and how to do this.

Things you'll need as the baby gets older

- Outlet protectors
- Toys
- Books
- High Chair
- Gates

Tips for your baby's safety

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